

Turning 18?

Learn About Adult Health Care

Welcome to adult health care. Our goal is to offer you high-quality, complete and confidential care to meet your needs.

What Changes When You Turn 18 Years Old?

- You are now considered a “legal adult.”
- We expect you to be active in your health care. We will direct our questions to you rather than your parent.
- You will need to give your permission in writing if you want us to share your personal health information.
- For young adults not able to sign consents, copies of legal forms that explain your decision-making plan must be on file.



If You Are a New Patient:

- Please ask your prior pediatrician to send your medical records or a medical summary before your first visit. This will help make the most use of your time when planning your health care.
- We will make every effort to help with the transfer of your care. This means talking to your prior doctor about your special health care needs.

Your health is important to us and we look forward to having you as a patient. If you have any questions, please ask.

This information is intended for patients 17 years and older as they prepare for young adulthood.

**The term “parent” refers to all caregivers.*

