

# Health Care Transition: Insurance Worksheet

**My Primary Care Doctor (PCP)** is a:

- Pediatrician
- Family practitioner
- Internal medicine
- I need some help, I do not know
- I will need a new primary care doctor
- I can stay with my same primary care doctor

**Name of Doctor:** \_\_\_\_\_



Tips to find a new primary care doctor:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**My Insurance Plan** is:  LA Care  Health Net  Cal Optima  \*IEHP  Molina  Other

**My Medical Group** is: \_\_\_\_\_

**Specialists** I need (example: endocrinologist)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name of the specialists my primary care doctor or medical group refer to:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**After I am 21-years-old:**

My PCP will be: \_\_\_\_\_

My medical group will be: \_\_\_\_\_

My specialists will be: \_\_\_\_\_



**Notes:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\*IEHP - Inland Empire Health Plan