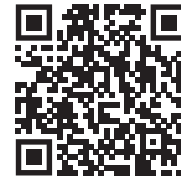


# What to Expect in the Operating Room (OR)

## A Guide for the Support Person

It's the philosophy of MemorialCare Miller Children's & Women's Hospital Long Beach to provide a family-centered birthing experience for our patients. In the event that a cesarean section becomes necessary, one support person is allowed to be with the patient in the operating room (OR), except under the following conditions:

- Physician request
- Complications
- Patient request
- General anesthesia is necessary (patient is asleep)



Scan to view  
Cesarean  
Delivery  
Guidebook.

### Support Person Responsibilities:

- Prior to the cesarean section, you will be given scrub attire, which includes a disposable top, pants, hat and mask. These items are to be worn at all times in the OR.
- You will be called into the OR after anesthesia has been given and the surgery is ready to begin.
- To keep the OR a sterile environment, we ask that nothing is touched unless asked.
- You will be given a seat at the head of the birth parent.
- Your primary responsibility is to support the birth parent during the cesarean section. You may hold the birth parent's hand and talk quietly to her for reassurance. This is usually very comforting for most birth parents.
- Video cameras and still photography are allowed at the discretion of the physician and care team.
- If you start to feel faint or ill at any time, notify the OR staff immediately for assistance.
- The neonatal team (baby doctor and nurse) will attend to the baby once the baby is born. This is a normal occurrence and doesn't mean anything is wrong. Once the team has examined the baby and determined that he or she is stable, the baby will be placed skin-to-skin with the birth parent or support person.
- We make every effort to keep birth parents and babies together, but occasionally a baby may require closer observation and will be taken directly to the Neonatal Intensive Care Unit (NICU) or to the observation nursery. If the baby goes to the observation nursery, the support person is welcome to accompany the transport team to watch the official "weigh-in" and the admission process.
- When the cesarean section is complete, the birth person, and in most circumstances, the baby and the support person, will all go to the recovery room for approximately two hours. We do not allow additional visitors in the recovery room. We make every effort to keep birth parents, babies and their support person together, but occasionally for patient safety reasons, only care team members will accompany and remain with the patient in the recovery room.

We, at Miller Children's & Women's, are committed to providing excellent care to all of our families. By following these simple guidelines, you will be helping us to provide this care. Feel free to ask us any questions you may have about this information sheet. We are happy you chose our hospital as the place to have your baby!



Miller Children's & Women's is designated by the Society for Obstetric Anesthesia and Perinatology (SOAP) Center of Excellence (COE), for excellence in obstetric anesthesia care.