

Cherese Mari Laulhere  
BirthCare Center

Centro de maternidad  
Cherese Mari Laulhere



**MemorialCare**<sup>TM</sup>  
Miller Children's & Women's  
Hospital Long Beach

## MemorialCare Miller Children's & Women's Hospital Long Beach is Los Angeles and Orange Counties' only hospital just for children and women.

Unique for a hospital, maternal-fetal medicine specialists, OB hospitalists and neonatologists are on-site 24/7, so if a delivery isn't routine, the baby is moved just down the hall from mom to receive specialized care in the level IV Neonatal Intensive Care Unit (NICU).

At other hospitals without these capabilities under one roof, the baby would need to be transported to another hospital for care away from mom who would be left behind to recover from delivery.

Only Hospital in Los Angeles  
Maternity & Pediatric Sub-

### Labor & Delivery

Labor & Delivery is staffed 24/7 with in-house maternal-fetal specialists, OB hospitalists and nurse specialists. Twenty private labor and delivery suites are designed with the birth parent and baby's safety and well-being in mind.

Each suite includes a state-of-the-art birthing bed, providing maximum comfort during delivery. The suites are roomy, allowing family members to visit and celebrate their new arrival in a private space.

For the first hour after delivery, called "Baby Bonding Hour," birth parent, baby, and support person spend this initial bonding time uninterrupted, unless there's a clinical need.



## Postpartum Care

The BirthCare Center is committed to family centered care and creates an environment designed for family bonding. All rooms are private with big windows and a sleeper chair for a support person to stay the night. Every day, from 3 to 5 p.m., "Cuddle Time" is observed and gives the birth parent, baby and support person a time to bond and relax.

# San Diego and Orange Counties' with Specialists Under One Roof

## Fetal Diagnostic Center

Should the need arise, the Fetal Diagnostic Center provides prenatal testing for high-risk pregnancies. Diagnostic care is performed by labor and delivery nurses and maternal-fetal specialists. Together, the care team can identify if a baby is in distress and how to monitor the birth parent's progress.

### The Fetal Diagnostic Center provides:

- Non-stress test
- Contraction stress
- Amniotic fluid index
- Biophysical profile

## Miller Children's & Women's Access & Transport Center

Miller Children's & Women's has a dedicated high-risk pregnancy and neonatal transport team available 24 hours a day, seven days a week. Skilled care teams help to safely transport moms and/or infants to the BirthCare Center or NICU at Miller Children's & Women's.

## Perinatal Special Care Unit

More than 2,000 women with high-risk pregnancies are treated in the Perinatal Special Care Unit (PSCU) each year. Spacious private rooms, equipped with the latest monitoring technology, are designed to provide a peaceful environment.

Many women faced with a high-risk pregnancy may stay here several days or weeks, and sometimes even months before birth.

The PSCU provides specialized care for women who are experiencing complications during their pregnancy.

## Neonatal Intensive Care Unit (NICU)

Miller Children's & Women's features a level IV Neonatal Intensive Care Unit (NICU) under the same roof as the BirthCare Center.

Level IV designation means the unit meets strict regulatory criteria from the American Academy of Pediatrics to provide the necessary care for the most critically ill and premature babies. Our high-risk perinatal program is designed to ensure a safe delivery and smooth transition to the NICU. The NICU has 95 beds and 48 private NICU bays.

Neonatologists and an expert care team are available 24/7 to care for patients and their families.

Miller Children's & Women's is home to the largest Small Baby Program in the region, and is designed to care for babies often born weighing less than 2 lbs. Care is provided in an environment mimicking the womb with dimmed lights and hushed voices.

## Resources



**Virtual Tour**

[millerchildrens.org/maternityvirtualtour](http://millerchildrens.org/maternityvirtualtour)



**Maternity Resources Hub**

[millerchildrens.org/maternityclasses](http://millerchildrens.org/maternityclasses)



## Breastfeeding Support

Whether the baby is together with the birth parent in the Postpartum Unit or needs special care in the NICU, breast milk is encouraged as the first food for every baby. To assist birth parents with breastfeeding, lactation consultants are available seven days a week to provide assistance and support to reach individual breastfeeding goals. We also offer an Outpatient Lactation Clinic for additional breastfeeding support once you've left the hospital.



Miller Children's & Women's is designated a Baby-Friendly birth facility by Baby-Friendly USA. Baby-Friendly USA, Inc is the U.S. authority for the

implementation of the Baby-Friendly Hospital Initiative ("BFHI"), a global program sponsored by the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF).

The initiative encourages and recognizes hospitals and birthing centers that offer an optimal level of care to support each birth parent's feeding choice.



## Elite Care by A Comprehensive Team

- Level IV Maternity Center
- Baby-Friendly Birth Facility
- Level IV Neonatal Intensive Care Unit
- Center of Excellence from Society for Obstetric Anesthesia and Perinatology (SOAP)
- Blue Distinction Center for Maternity by Anthem Blue Cross Blue Shield
- Maternity Care Honor Roll from the California Health & Human Services Agency, Hospital Quality Institute and CalHospital Compare
- California Maternal Quality Care Collaborative Super Star & Early Implementers Awards



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