

Newborn Security Instructions for Parents

The Chereese Mari Laulhere BirthCare Center at MemorialCare Miller Children's & Women's Hospital Long Beach prioritizes your baby's safety.

Safety tips:

You can help by following these essential steps:

- Hand hygiene.
- Never leave your baby alone or unsupervised in your room.
- Baby should always be placed on their back in the crib to sleep.
- Place your baby's crib beside your bed opposite the door. This allows you to see visitors and hospital staff as they approach your baby.
- If you need to be apart from your baby for any length of time, please get in touch with your nurse.
- Feel free to question anyone who comes into your room.
- All babies on the postpartum units have a Hugs Tag placed on one ankle for security.
- It is to be left on the baby at all times until discharge.

Visitation:

Observe visitation hours and guidelines:

- Visitation hours are from 9 a.m. to 9 p.m. For you and your family's safety, up to three visitors (including a partner in care) are allowed in a room at one time.
- Healthy siblings (brothers and sisters) are welcome to visit if they have adult supervision.
- Please inform your nurse if you would like "Cuddle Time" to allow the mother, infant, and partner in care to rest and bond and not be disturbed during visiting hours.

Get to know your hospital staff:

- If you're unsure of anyone who enters your room or asks about your baby, even if they are wearing a hospital uniform, press your call light to check with the nurse's station.
- A staff member will notify you if your baby needs to leave the room for any tests.
- Be sure you know the nurses assigned to care for you and your baby.
- Nursing shifts change at 7 a.m. and 7 p.m. Around those times, your off-going nurse will introduce you to your oncoming nurse. At this time, your two nurses will do a bedside handoff report in your room.



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Get to know your hospital staff (continued):

- Nurses, nurse aids, hearing screen techs, and your baby's physician are the only people with any reason to take your baby anywhere. Look for the pink stripe on their ID badge.
- Other hospital staff who may enter your room and do not have a pink stripe on their ID badge include housekeeping personnel, laboratory and dietary staff, baby photographers, and volunteers who deliver flowers and assist with your discharge. Staff without a pink stripe on their badge cannot remove your baby from the room.

Identification:

- Our employees are easily identifiable by their photo identification badges. Feel free to question us if you have concerns about who is taking your baby and why.
- Always check for proper identification before giving your baby to anyone.
- All staff members who are allowed to handle your baby wear a photo identification badge with a pink stripe behind their name.
- Only give your baby to a staff member wearing a badge with a pink stripe. Even if someone entering your room looks and acts like a hospital employee, ask them for their identification.
- If you're still unsure, press your call light to contact the nurse's station and alert your nurse.

Precautions to take at home:

- Using outdoor decorations to announce your baby's birth, such as balloons, large floral wreaths, wooden storks, and other lawn ornaments, may increase your risk of unwanted visitors.
- Have at least one color photograph of your baby and complete a written description of your infant. Include hair and eye color, length, weight, date of birth, and specific physical features for identification purposes.
- The Cherese Mari Laulhere BirthCare Center does not give your name to outside organizations, so be alert for individuals seeking information about your baby.