

## Presenter Bios

### Joanne Loewy, DA, LCAT, MT-BC

Dr. Loewy is the is the Director of the Department of Music Therapy and a Professor at Icahn School of Medicine at Mount Sinai. She is a Founding Member of the International Association for Music and Medicine (IAMM). The Department of Music Therapy, which she initiated in 1994, is serving musicians and their unique ailments including chemical dependency, performance anxiety and overuse, children with developmental delays, teens with emotional issues, and adults with neurological disorders and pulmonary needs. Dr. Loewy's research is NIH funded, and her National Endowment for the Arts research lab is focusing on Assessment of Music Experiences in Navigating Depression (AMEND). She received her doctorate from New York University (NYU) and has edited several books, including Music Therapy in the Neonatal Intensive Care Unit. Her NICU-MT, RBL model is hosted by hospitals nationally and internationally.



### Andrew Rossetti, PhD, LCAT, MT-BC

Dr. Rossetti is the Director of the multi-site music therapy oncology programs at Mount Sinai. His practice extends to the infusion suite, surgery, and the Neonatal Intensive Care Unit. Dr. Rossetti specializes in treating emotional trauma and its sequelae. Having developed several music therapy programs in hospitals in the United States and Europe, he has lectured extensively there, and in South America and Asia. He completed his doctorate at the University of Jyväskylä and is President of the International Association for Music and Medicine (IAMM). His RBL work focuses on trauma and Environmental Music Therapy.



## Location

### Miller Children's & Women's Hospital

2801 Atlantic Ave.,  
Long Beach, CA 90806  
Conference Room A2



## Parking

Please enter off of Atlantic Ave. to park in the Visitor Parking Garage or Lot located off Memorial Medical Center Dr. To get to Conference Room A2, walk through the main Miller Children's & Women's Hospital Lobby and ask the front desk to direct you.

*NICU Music Therapy: "First Sounds: Rhythm, breath and lullaby: A continuum of care" is approved by the Certification Board for Music Therapists (CBMT) for 12 Continuing Music Therapy Education Credits. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). Able ARTS Work #P-181 maintains responsibility for program quality and adherence to CBMT policies and criteria.*

# NICU

# Music Therapy

Continuing Education Course

## First Sounds:

Rhythm, Breath,  
And Lullaby:  
A Continuum  
of Care



Joanne V. Loewy,  
DA, LCAT, MT-BC

Andrew Rossetti,  
PhD, MMT, LCAT

Event Chair:

Antoine N. Soliman, M.D.

The Louis Armstrong Center  
for Music and Medicine

Mount Sinai Hospital, New York, NY

Thursday, Feb. 5 &  
Friday, Feb. 6, 2026

Hosted at: Miller Children's &  
Women's Hospital



Miller Children's  
& Women's Hospital  
MemorialCare™



# NICU Music Therapy

## First Sounds: Rhythm, Breath, and Lullaby: A Continuum Of Care

### Overview

An integrative, medical, music therapy duo will lead experiential, hands-on training to meet Tier II competency for this international, evidence-based, Neonatal Intensive Care Unit (NICU) training inclusive of three prongs: environmental music therapy, trauma training in music psychotherapy with caregivers, and evidence-based live music therapy interventions for premature infants. Attendees may have the opportunity to visit a Level 4 NICU and will receive a certificate indicating their completion of Tier I and II of the First Sounds: RBL Training. There are no prerequisites to attend this course. Professionals including MT-BCs, MDs, and RNs may register. Health professionals aside from music therapists are invited to register. Beginning music therapy students may be considered if space permits.

### Learning Objectives

At the end of this course, the attendee should be able to:

1. Design live music applications of the trans-natal environment focused on rhythm, timbre, and tonal inter-uterine elements to foster comfort, stability, nurturance, safety, increasing opportunities for entrainment and self-regulation for the premature infant.
2. Demonstrate knowledge and application of the First Sounds model: contingent singing and evaluation of applicative sounds and music to increase respiratory, sleep, feeding, and quiet-alert opportunities with proficiency.
3. Demonstrate and develop the blanket of sound applications: tonal-vocal holding, with competence to develop lullabies catered to address the developmental, physical, emotional, and cultural needs of the infant and family, including the evaluation of the caregivers' level of trauma, in order to identify music anchors whereby families of NICU infants will entrust music therapy support to enhance the caregiver-infant bonding process.
4. Explicate, through trauma amelioration theory, the process of music in Environmental Music Therapy, providing a tangible means of coping where professional and personal caregivers can connect to infants through Song of Kin. Modulating noise and providing live music interventions where the family's music can be honored will support the infant-caregiver bonds and subsequent attachment.

### Schedule

#### Thursday:

9 a.m.	Registration
9:30 a.m.	Welcome & Introduction
10 a.m.	Medical Music Therapy
10:30 a.m.	Medical Overview
11 a.m.	NICU Review of the Rationale and 3 Prongs
12 - 1 p.m.	Lunch
1 p.m.	Parent Prong
2:15 p.m.	BREAK
2:30 p.m.	Infant Interventions
3 - 4 p.m.	Music Sedation & Pain
4:30 p.m.	Reception at Able Arts

#### Friday:

10 a.m.	Environmental Music Therapy (EMT)
11 a.m.	Trauma in Infants
12 - 1 p.m.	Lunch
1 p.m.	Assessing Trauma in Parents
2:15 p.m.	BREAK
2:30 p.m.	Anticipatory Grief & Bereavement
3 - 4 p.m.	Lullaby Sharing
4 - 4:30 p.m.	Possible NICU Tour

## Registration & Fees

Please print legibly

NAME AND CREDENTIALS (as you would like on your name badge)

ADDRESS

CITY

STATE

ZIP CODE

PREFERRED CONTACT PHONE

EMAIL

Workshop Fee: \$450

Intern/Student (discounted workshop fee of \$300 with a certificate of completion)

Payable via check to Miller Children's & Women's Hospital Child Life Department.

- Student
- Professional Receiving Continuing Education Credit
- Music Therapist
- Nurse
- MD
- Other (Title)
- Professional not receiving Continuing Education Credit

Registration closes on Thursday, December 18. Spots are limited and will fill quickly, so don't wait! Register today.

Please send your completed registration form and check to:

Miller Children's & Women's Hospital  
Child Life Department

Attn: Rita Goshert  
2801 Atlantic Ave.,  
Long Beach, CA 90806

Register by December 18 to receive your 10% discount on a REMO RBL Kit.

